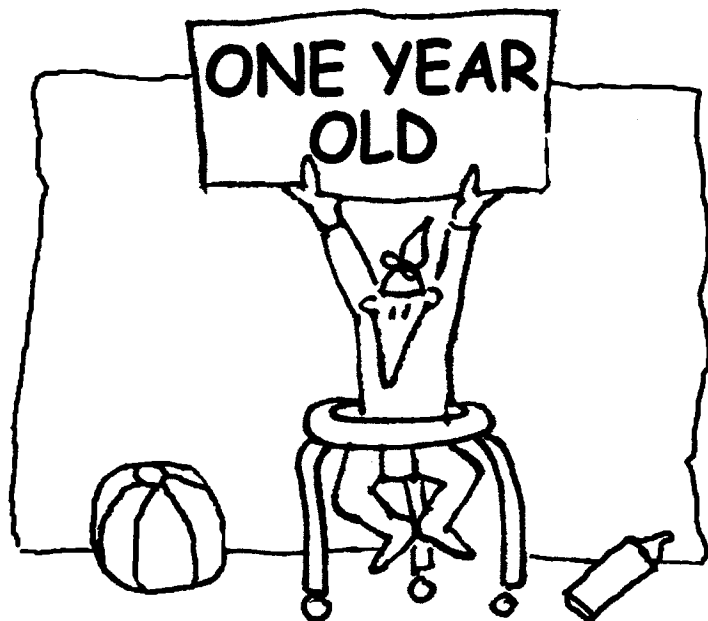


## Speech and Language Traits of the One Year Old



### At age one your child will...

- recognize his or her name
- understand “no”
- understand simple instructions
- imitate familiar words
- wave good-bye and play “Pat-a-Cake”
- use “mama” and “dada” and several other words, usually nouns
- like to make the “sounds” of familiar animals and things
- give a toy on request
- hear well and discriminate between many sounds

### You can stimulate the one-year-old child’s speech and language by...

- Reading colorful books to the child
- reciting nursery rhymes
- encouraging imitation games such as “Peek-a-Boo”
- using short words with the child
- imitating the child’s movements and vocalizations
- rewarding and encouraging early efforts at producing new words
- not pressuring the child to perform for you
- talking to the child about everything you’re doing when you’re with him or her

Provided for you by the **Speech & Hearing Board of the Baptist Health Care Foundation**, a United Way Agency

If this information raises concerns regarding your child you may call one of the following for further information:



**SPEECH & HEARING BOARD**

- Baptist Hospital Speech & Hearing Clinic  
(850) 434-4957
- Speech Department of West Florida Hospital  
(850) 494-6140
- Audiology Clinic Escambia District Schools  
(850) 453-7472